

No School Monday, January 15

There will be no school on
Martin Luther King Jr.'s birthday
on Monday, January 15.

Teachers will be participating in staff development
activities on that day. School will resume on the
normal schedule on Tuesday, January 16.

**Also, there will be NO After School Activi-
ties on Monday.**

Generosity

During the month of December, HES students worked towards showing more generosity and being more generous for the things and people in their lives. We talked about how generosity is giving with an open hand and an open heart. Often times when we practice generosity, it means we only get a "thank you" in return, not money or material things, and that's perfectly okay. Being generous is also being kind and the world could use a little more kindness in it. One of the biggest things I stressed to all of the students is, "Your greatness is not what you have. It is what you give."

Pictured (except for Jacob Heathcock and Abby Frye) are the students that were selected for displaying the December core virtue of Generosity. They will get to enjoy Frosty's from Wendy's next week once the temperature rises a bit!

Kindergarten: Camryn Shewey, Thatcher Terrell,
Alaina Winter

1st Grade: Maddox Hefley, Ashtyn Matlock,
Jacob Heathcock

2nd Grade: Phoenix Fickes, Colt Bechtold

3rd Grade: Austyn Driggers, April Suderman

4th Grade: Maren Reed, Abby Frye

5th Grade: Cassidy Bernhardt, Gabi Sibayan



Congratulations on a job well done!

Nurse's Notes

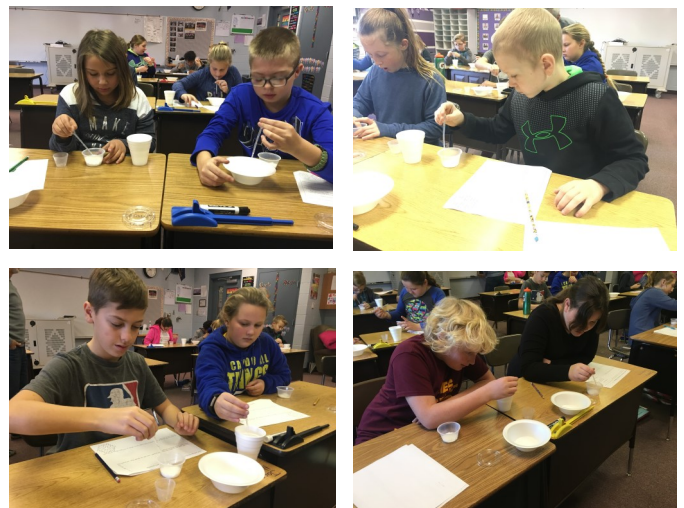
Illnesses that we often see this time of the year are colds and upper respiratory infections, cough, vomiting and diarrhea, strep throat and influenza. Children who have vomited or had diarrhea should be kept at home and should return to school only after being symptom free for 24 hours. Any child with fever of 100 degrees F or higher should not attend school and should not return until they have been fever free for 24 hours. A child with flu-like illness (fever and a cough) must stay home from school for at least 24 hours after they no longer have a fever or signs of a fever, without the use of fever-reducing medicine. A child with a deep or uncontrollable cough belongs at home even without a fever. A child with a diagnosis of strep throat should be on antibiotic for 24 hours, fever free and have a decrease in symptoms before returning to school.

We appreciate when parents let the school office know what symptoms their child is having or if they have been diagnosed with an illness by a health care provider. This helps us to better track what is going around in our school.

To help prevent the spread of illness, please encourage your child to wash their hands with soap and water whenever possible. Hand sanitizer may be used when a washing facility is not available. Encourage them to cover their mouth and nose when they cough or sneeze. Tell them not to share water bottles, chapstick, food, or other personal items. It is also very important for your child to eat a healthy diet and get plenty of sleep. Your child's health is very important to us!

Snow Stem Challenge

Who can create the largest volume of snow without creating slush? Students in Mrs. Haslett's 5th grade class used science and math skills to help them with this challenge.



HILLSBORO ELEMENTARY SCHOOL MEALS
January 15 - 19, 2018

Breakfast

Lunch

Monday, January 15

NO SCHOOL

Tuesday, January 16

Cinnamon Raisin Biscuits
Strawberry Smoothie
Juice
Milk

Crispy Fish Sticks
Oven Browned Potatoes
Broccoli
Apricots
Milk

Wednesday, January 17

Chik'N Jr's
Biscuit
Juice
Milk

Taco Burger
Corn Salsa
Steamed Carrots
Fresh Strawberries
Milk

Thursday, January 18

Sausage Gravy
Biscuit
Pineapple Tidbits
Juice
Milk

Chicken Nuggets
Rice Pilaf
Broccoli
Apple Slices
Pumpkin Pudding, Milk

Friday, January 19

Danish Roll
Cereal Choice
Fruit Cocktail
Juice
Milk

Country Fried Steak
Mashed Potatoes
Green Beans
Grapes
Milk

This institution is an equal opportunity provider.